

	KS1 Diverse Britain		
	PSHE Association Objectives	Health Objectives	Relationships Objectives
Lesson 1: My School	L1. about what rules are, why they are needed, and why different rules are needed for different situations L4. about the different groups they belong to	Mental Wellbeing: that mental wellbeing is a normal part of daily life, in the same way as physical health Mental Wellbeing: how to judge whether what they are feeling and how they are behaving is appropriate and proportionate Mental Wellbeing: the benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness Mental Wellbeing: that bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing	Caring Friendships: how important friendships are in making us feel happy and secure, and how people choose and make friends Caring Friendships: that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded Respectful Relationships: the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs Respectful Relationships: practical steps they can take in a range of different contexts to improve or support respectful relationships Respectful Relationships: the conventions of courtesy and manners Respectful Relationships: that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority
Lesson 2: My Community	R21. about what is kind and unkind behaviour, and how this can affect others L4. about the different groups they belong to L5. about the different roles and responsibilities people have in their community	Mental Wellbeing: how to judge whether what they are feeling and how they are behaving is appropriate and proportionate Mental Wellbeing: the benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness	Respectful Relationships: practical steps they can take in a range of different contexts to improve or support respectful relationships Respectful Relationships: the conventions of courtesy and manners Respectful Relationships: that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority
Lesson 3: My Neighbourhood	L2. how people and other living things have different needs; about the responsibilities of caring for them L3. about things they can do to help look after their environment	Mental Wellbeing: how to judge whether what they are feeling and how they are behaving is appropriate and proportionate Mental Wellbeing: the benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness	Respectful Relationships: practical steps they can take in a range of different contexts to improve or support respectful relationships

Resource	PSHE Association Objectives	Health Objectives	Relationships Objectives
Lesson 4: My Country	R25. how to talk about and share their opinions on things that matter to them L6. to recognise the ways they are the same as, and different to, other people	Mental Wellbeing: that mental wellbeing is a normal part of daily life, in the same way as physical health	Respectful Relationships: the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs Respectful Relationships: practical steps they can take in a range of different contexts to improve or support respectful relationships Respectful Relationships: that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority
Lesson 5: British People	R23. to recognise the ways in which they are the same and different to others L2. how people and other living things have different needs; about the responsibilities of caring for them L6. to recognise the ways they are the same as, and different to, other people	Mental Wellbeing: that mental wellbeing is a normal part of daily life, in the same way as physical health	Respectful Relationships: the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs Respectful Relationships: practical steps they can take in a range of different contexts to improve or support respectful relationships Respectful Relationships: that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority
Lesson 6: What Makes Me Proud of Britain?	R25. how to talk about and share their opinions on things that matter to them L4. about the different groups they belong to	Mental Wellbeing: that mental wellbeing is a normal part of daily life, in the same way as physical health	Respectful Relationships: the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs Respectful Relationships: practical steps they can take in a range of different contexts to improve or support respectful relationships Respectful Relationships: that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority